

## Guide to Short-Term Missions in Honduras 2023

### Contact Information

Main Campus:	504-2280-1030
President's Office/Home:	828-388-5750
Clinic Supervisor Office:	504-2280-1031
Group Coordinator:	Ronny Cerrato
Group Coordinator email:	<a href="mailto:Baxtergroups@gmail.com">Baxtergroups@gmail.com</a>
Timoteo Estrada – Maint:	504-9988-2627
Elena Castillo (Kitchen Staff):	504-9842-0201
Luis Mejia (Transportation):	504-9565-6629 Marco Varela (Transportation) 504-9955-6667
Mailing Address:	Apdo. Postal #1726 Tegucigalpa, M.D.C. Honduras, C.A.
Physical Address:	Colonia San José de la Vega. Final del Blvd. Kuwait. Tegucigalpa, Honduras, C.A.

**Passport.** A valid U.S. passport is required to enter Honduras. Check with your local U.S. Post Office or visit their Web site for information: <http://www.travel.state.gov/passport>.

**COVID-19.** *The Honduras Government and the airlines requires a negative COVID test or a vaccination card before boarding. You must wear a mask: in the airport, in hospitals, and malls. In the churches, members wear masks. On campus one is NOT required to wear a mask except at the clinic.*

### Costs for Services

Campus Housing	\$17.50 per night per person
Meals in Cafeteria:	Breakfast \$5.00, Lunch \$6.00, Dinner .....\$7.50
Lunch Bags	\$6.00
*Special Dinner with Students:	\$8.00
Water Bottle, 1 Gallon:	\$1.00 (per person-per day)

\*If you want to have dinner in the cafeteria with our married students and their families, YOU will need to pay for their meals as well. They receive a food allowance which does not cover the cafeteria costs.

### Vehicle Rentals (Rental includes fuel)

Bus per day (inside the city):	\$140.00
Bus per day (outside the city):	\$170.00 (Zamorano, Valle de Angeles, Ojojona)
Bus to Comayagua (airport run):	\$325.00
Dump Truck for luggage:	\$80.00
<b>Wooden House Construction:</b>	18ft - \$1,800, Cement Floor – \$400

**Food Distribution:** If you are interested in ordering food to bag for church members or Honduran families where you are working, a normal food bag is about \$17 a bag.

**Tipping** is optional. Individuals you might tip: bus driver, the housekeepers, and the cooks.

### What to Bring

- Long pants, capris, or knee-length shorts for work.
- Long pants/jeans or long skirts/long dresses for church on Sunday morning.
- Old tennis shoes/work boots for working.
- Umbrella or rain poncho. (Rainy season is from May to November.)
- A long sleeve shirt or light jacket for chilly nights or when it rains.
- Wash cloths are not provided, but a towel is. Feel free to bring an additional towel(s).
- Bedding is provided at Baxter.

- A journal or notebook to record your thoughts.
- A reusable water bottle for filtered water faucets. Otherwise, *don't drink the water!*
- Sunscreen - the temperature probably won't get above about 90°.
- Insect Repellent

### **Miscellaneous Observations**

- *Get to know our students.* Students enjoy practicing English or teaching you Spanish.
- *Let Ronny Cerrato know what meals your group will be eating* in the cafeteria 24 hours in advance, so the cooks can prepare it. Regular meal times: 7 AM, 12 PM, 5 PM.
- *Water, ice, and drinks made from water are safe to drink in the Baxter cafeteria and in nice restaurants in Tegucigalpa.* If in doubt, ask for soft drinks or bottled water.
- *Toilet facilities* – Septic/sewer systems cannot handle paper products. ***Do not flush toilet paper.*** Discard used paper in the trash can provided. You may want to carry a roll when off campus.
- ***Please help us conserve energy*** – Turn off lights, fans, and electrical gadgets when not in use.
- *Cultural Differences-* Be aware that you are traveling to another culture. Learn to appreciate the differences and the people in Honduras.
- *Flexibility* – Bring a spirit of adventure with you. Flow with and enjoy the unexpected.

### **Keys/Locking Doors**

1. Keys for the men's dorms, women's housing and the apartments will be given to group leaders upon arrival at Baxter's campus. *Do not make copies* of any keys you receive.
2. Keys are ONLY for the use of the group and are not to be given to anyone outside your group.
3. Dormitory and apartment doors should be locked at all times when no one is present.
4. At the end of your stay, lock all doors and return the keys to Ronny Cerrato, Armando Pacheco, or place in the wooden boxes marked "Keys."
5. If a key is missing at the time the group leaves, the costs of new keys will be charged to the group.

### **Visitors on Campus**

1. Without exceptions, no local visitors should be invited in or allowed to enter the men's or women's dorms or apartments. Rather meet friends outside dorms and apartments.
2. Group members are urged to report the presence of strangers or unauthorized persons seen on campus to the guards or maintenance personnel.
3. Visitors must leave their identification card with the front gate guard when entering the Baxter campus

### **Keeping Items Safe and Secure**

1. Personal items should be kept in the apartments.
2. Please do not leave personal items or tools out if someone from the group is not watching them.
3. The safe in Baxter's Controller's office can be used for cash, passports, and valuables.
4. If an item is missing, report it to maintenance, a guard, or to the administration.

### **Gifts or Items Left at Baxter by Groups**

1. Items left in rooms, dorms, or apartments can be reclaimed one week after the group leaves.
2. We will recover and clean usable items left behind for distribution to the poor.
3. Do not tell employees or students you left clothing for them. They are not allowed to go through items. If you wish to give something to an employee or student, do so personally.

***\*Ronny Cerrato is in charge of handling all the group member needs while staying at Baxter. He is in charge of handling keys, supervising the cafeteria and maintenance personnel with responsibilities in the men's and women's dorms and apartments.***